



Marton Activity Centre

MAC Policy

DENTAL HEALTH

Document ID	: POL014
Amendment No	: 1
Quality Area	: MACQA2
Approved By	: Management
Approval Date	: 6/2019
Review Date	: 6/2020

Conversations and information exchange on dental health should be encouraged to promote good dental hygiene practices and lifelong learning for children and their families. Dental health will be included as part of everyday practice at our education and care service.

POLICY STATEMENT

Marton Activity Centre aims to promote children's health by creating an environment that supports healthy behaviour including good dental hygiene practices. Our Service will encourage dental health by providing nutritional foods for children, avoiding food and drinks that have a sweet and sugary content and ensuring water is available at all times.

Good oral health is vital to general wellbeing. Dental hygiene is a key factor in the development of healthy adult teeth. Encouraging and establishing sound oral health practices in a child's life will assist in maintaining good oral health and preventing oral disease and other related diseases over a lifetime.

SCOPE

This policy applies to the children, families, staff, management and visitors of Marton Activity Centre.

PROCEDURE

MANAGEMENT / NOMINATED SUPERVISOR / RESPONSIBLE PERSON WILL:

- Ensure that the daily menu contains a nutritional balance of foods which works in collaboration with approved government funded organised, including Munch and Move and Get Up and Grow

- Minimise the provision of sugary foods including chocolate, lollies, sweetened cereals, biscuits and fruit bars
- Always ensure access to safe drinking water
- Ensure the routine incorporates 'swish and swallow' after each meal time
- Ensure children always have access to safe drinking water

EDUCATORS WILL:

- Include dental health practices in the daily program
- Provide opportunities to discuss dental health education with children
- Support children to access dental health resources for research, exploration and identification. These resources will be available through books, posters and visual aids
- Talk with children about dental health during the day, encouraging 'swish and swallow' after meal times and having children partake in drinking water throughout the day
- Pay particular attention to meal and snack times to ensure healthy food is being eaten
- Arrange annual visits by dental health professionals as part of the program. Families and children will be encouraged to attend these visits where correct brushing techniques and dental care will be discussed.
- Provide dental care information to families through newsletters, posters, professional visits, web links and brochures.

DENTAL EMERGENCIES

It is important for educators to be aware of how to manage dental accidents and emergencies. Our Service will:

- Collect contact information from families about their family dentist (if any). This process should be done during the enrolment process.
- Follow a dental accident procedure
- Ensure there is an Educator on duty with current first aid qualifications
- Ensure children are supervised at all times to minimise accidents and incidents

CONSIDERATIONS

NATIONAL QUALITY STANDARDS (NQS)

Quality Area 2: Children's Health & Safety		
2.1	Health	Each child's health and physical activity is supported and promoted.
2.1.2	Health practices and procedures	Effective illness and injury management and hygiene practices are promoted and implemented.
2.2.3	Healthy Lifestyles	Healthy eating and physical activity are promoted and appropriate for each child.

EDUCATION AND CARE SERVICES NATIONAL REGULATIONS AND NATIONAL LAW

Education and Care Services National Regulations and National law NSW		
Reg	78	Food and Beverages

SOURCE

Australian Children's education and Care Quality Authority
Guide to the National Quality Standard
Raising Children Network - www.raisingchildren.net.au
Health Insite - www.healthinsite.gov.au

SERVICE POLICIES / DOCUMENTATION

Policies	Documents
Bottle Safety and Preparation Policy	Australian Children's Education & Care Authority
Nutrition and Food Safety	My Time, Our Place
Health and Safety	ECA Code of Ethics
	Revised National Quality Standards