



# Marton Activity Centre

## MAC Policy

<b>NUT AWARENESS</b>	Document ID	:	POL035
	Amendment No	:	5
	Quality Area	:	MACQA2
	Approved By	:	Management
	Approval Date	:	12/2019
	Review Date	:	12/2020

### POLICY STATEMENT

A number of our students have a severe allergy to nuts and can have a life-threatening reaction. Anaphylactic shock can occur within seconds of exposure to a nut allergen. This can occur if:

- Contact is made with a person who has handled or eaten nuts or nut products
- Contact is made with an object such as a toy or door handle that has traces of nuts on it
- The person with the allergy inhales the air close to nuts or products containing traces of nuts

Marton Activity Centre aims to be a Nut Free Centre. All food products at the centre that are used for breakfast and afternoon tea, do not contain any nuts but “may contain traces of nuts”. Children are not allowed to bring their own food, apart from nut free products that are left over from their lunch box, or specialty items for children with allergies. Marton Public School has a nut aware policy; therefore, children do not bring food items containing nuts.

### SCOPE

This policy applies to the children, families, staff, management and visitors of Marton Activity Centre.

## PROCEDURE

- Families are requested not to send food that contains nuts, especially peanuts. This includes products such as peanut butter, Nutella, most nuts, peanut cooking oil and other foods that may contain nuts.
- Families will ensure that an Action Plan or Health Care Plan will be provided to MAC for each child they have with a nut allergy
- Children will be reminded to wash their hands before and after eating
- Children will be reminded that they are not to share food
- Educators will be made aware of any children who have anaphylaxis or allergies, including nut allergies
- Educators will participate in First Aid Training including Anaphylaxis Training
- Educators will check food that children bring for breakfast or afternoon tea for nuts before they are opened at MAC
- Educators will be nut aware and follow cleaning/ washing procedures accordingly.

## CONSIDERATIONS

### NATIONAL QUALITY STANDARDS (NQS)

<b>Quality Area 2: Children's Health &amp; Safety</b>		
<b>2.1.1</b>	<b>Wellbeing &amp; Comfort</b>	Each child's wellbeing & comfort is provided for, including appropriate opportunities to meet each child's needs for sleep, rest & relaxation.
<b>2.1.2</b>	<b>Health practices and procedures</b>	Effective illness and injury management and hygiene practices are promoted and implemented
<b>2.2</b>	<b>Safety</b>	<b>Each child is protected</b>
<b>2.2.1</b>	<b>Supervision</b>	At all times, reasonable precautions and adequate supervision ensure children are protected from harm & hazard.
<b>2.2.2</b>	<b>Incident &amp; emergency management</b>	Plans to effectively manage incidents and emergencies are developed in consultation with relevant authorities, practiced and implemented.

**EDUCATION AND CARE SERVICES NATIONAL REGULATIONS AND NATIONAL LAW**

<b>Education and Care Services National Regulations and National law NSW</b>		
<b>Reg</b>	<b>90</b>	Medical Conditions Policy
<b>Reg</b>	<b>91</b>	Medical Conditions Policy to be provided to parents.
<b>Reg</b>	<b>92</b>	Medication Record
<b>Reg</b>	<b>93</b>	Administration of Medication
<b>Reg</b>	<b>94</b>	Exception to Authorisation requirement - Anaphylaxis or Asthma Emergency
<b>Reg</b>	<b>95</b>	Procedure for Administration of Medication
<b>Reg</b>	<b>96</b>	Self Administration of Medication

**SOURCE**

Australian Children's Education & Care Quality Authority (2014)
Guide to the Education & Care services National Law & the Education & Care Services National Regulations.
ECA Code of Ethics
Guide to the National Quality Standard
Staying Healthy in Child Care. 5th Edition
Asthma Australia - <a href="http://www.asthmaaustralia.org.au">www.asthmaaustralia.org.au</a>
Australia Asthma Handbook - <a href="http://www.astmahandbook.org.au/diagnosis/children">www.astmahandbook.org.au/diagnosis/children</a>

**SERVICE POLICIES/ DOCUMENTATION**

<b>Policies</b>	<b>Documents</b>
Administration of First Aid Policy	Client Handbook
Incident, Illness, Accident, Trauma Policy	Staff Handbook
Medical Conditions Policy	Medical Information
Supervision Policy	Enrolment Form
Anaphylaxis Management	